Why are support groups important?

LGBTQ+ support groups offer a vital space for individuals to connect, share experiences, and receive support in a welcoming environment. These online groups provide accessible resources and understanding, fostering a sense of belonging and community. In these groups, members can discuss challenges unique to the LGBTQ+ community, from stigma and discrimination to mental health and recovery. By connecting with others who share similar experiences, individuals can find empowerment, friendship, and the tools needed to navigate their journeys. These online support groups are crucial in creating safe spaces for healing and growth.

Who We Are

Center For Health Justice

900 Avila St, Ste 102 & 301,
Los Angeles, CA 90013

Drop in hours: 9:00am-4:00pm
Monday-Friday

(213) 229-0985
info@chjla.org
www.chjla.org

Center for
HealthJustice

Online LGBTQ+ Support Groups

List of Online Support Groups

Online: LGBT Community Center
Young Adult Transgender Support Group
(18-29)
1st & 3rd Tues/month: 6:30pm-8:00pm EST
register at: https://docs.google.com/forms/d/e/1FAIpQLScX0NHC7LkYZzi0Nh6_f4WQqd4wZHrNRkqlViYSXr-IG8VHIQ/viewform
info@loftgaycenter.org or (914) 948-2932 ext.13

Online: LGBT Community Center
Transgender Peer Support Group
1st & 3rd Sun/month and 2nd & 4th Sat/month:
4:00pm-5:30pm and 5:30pm-7:00pm EST
register at: https://docs.google.com/forms/d/e/1FAIpQLScX0NHC7LkYZzi0Nh6_f4WQqd4wZHrNRkqlViYSXr-IG8VHIQ/viewform
info@loftgaycenter.org or (914) 948-2932 ext.13

Online: LGBT Community Center
20-Somethings Peer Support Group
1st & 3rd Wed/month: 7:30pm-9:00pm EST
register at: https://docs.google.com/forms/d/e/1FAIpQLScX0NHC7LkYZzi0Nh6_f4WQqd4wZHrNRkqlViYSXr-IG8VHIQ/viewform
info@loftgaycenter.org or (914) 948-2932 ext.13

Online: LGBT Community Center
Bisexual Peer Support Group
2nd & 4th Tues/month: 7:30pm-9:00pm EST
register at: https://docs.google.com/forms/d/e/1FAIpQLScX0NHC7LkYZzi0Nh6_f4WQqd4wZHrNRkqlViYSXr-IG8VHIQ/viewform
info@loftgaycenter.org or (914) 948-2932 ext.13

Online: LGBT Community Center
55+ Peer Support Group
2nd & last Sun/month: 2:00pm-4:00pm EST
register at: https://docs.google.com/forms/d/e/1FAIpQLScX0NHC7LkYZzi0Nh6_f4WQqd4wZHrNRkqlViYSXr-IG8VHIQ/viewform
info@loftgaycenter.org or (914) 948-2932 ext.13

Online: LGBT Community Center
Aces Westchester
2nd Sat/month: 11:30am-12:30pm EST
register at: https://docs.google.com/forms/d/e/1FAIpQLScX0NHC7LkYZzi0Nh6_f4WQqd4wZHrNRkqlViYSXr-IG8VHIQ/viewform
info@loftgaycenter.org or (914) 948-2932 ext.13

Online: LGBT Community Center
Lesbian Social Network
Fridays: 7:30pm-9:00pm EST
register at: https://docs.google.com/forms/d/e/1FAIpQLScX0NHC7LkYZzi0Nh6_f4WQqd4wZHrNRkqlViYSXr-IG8VHIQ/viewform
info@loftgaycenter.org or (914) 948-2932 ext.13

Online: LGBT Community Center
GBTQ+ Men's Peer Support Group
Tuesdays: 7:30pm-9:00pm EST
register at: https://docs.google.com/forms/d/e/1FAIpQLScX0NHC7LkYZzi0Nh6_f4WQqd4wZHrNRkqlViYSXr-IG8VHIQ/viewform
info@loftgaycenter.org or (914) 948-2932 ext.13

Online: LGBT Community Center
LGBTQ+ Mental Health Peer Support Group
1st & 3rd Thurs/month: 7:30pm-9:00pm EST
register at: https://docs.google.com/forms/d/e/1FAIpQLScX0NHC7LkYZzi0Nh6_f4WQqd4wZHrNRkqlViYSXr-IG8VHIQ/viewform
info@loftgaycenter.org or (914) 948-2932 ext.13

Online: LGBT Community Center
One Voice: LGBTQ+ HIV/AIDS Support Group
Last Thurs/month
6:00pm-7:00pm EST
register at: https://docs.google.com/forms/d/e/1FAIpQLScX0NHC7LkYZzi0Nh6_f4WQqd4wZHrNRkqlViYSXr-IG8VHIQ/viewform
info@loftgaycenter.org or (914) 948-2932 ext.13

Online: LGBT Community Center
LGBTQ+ People of Color Peer Support Group
2nd & 4th Mon/month: 7:00pm-8:30pm EST
register at: https://docs.google.com/forms/d/e/1FAIpQLScX0NHC7LkYZzi0Nh6_f4WQqd4wZHrNRkqlViYSXr-IG8VHIQ/viewform
info@loftgaycenter.org or (914) 948-2932 ext.13

Online: LGBT Community Center
LGBTQ+ Neurodiverse Peer Support Group
1st & 3rd Tues/month: 6:30pm-7:30pm EST
register at: https://docs.google.com/forms/d/e/1FAIpQLScX0NHC7LkYZzi0Nh6_f4WQqd4wZHrNRkqlViYSXr-IG8VHIQ/viewform
info@loftgaycenter.org or (914) 948-2932 ext.13

Online: The Center
Women's Chat
Thursdays: 10:30am-12:00pm
https://thecenterps.wufoo.com/forms/wdv1x9904pvx3n/

Online: The Center
Fierce Femmes!
2nd & 4th Tues/month: 6:30pm-7:30pm
Contact: esther@thecentercv.org

Online: The Center
Trans Tuesdays
1st & 3rd Tues/month: 6:30pm-7:30pm
Contact: jill@thecentercv.org